



MAY 19TH TO JUNE 30TH 2026

VITALITY HEALTH FOODS

YOUR HEALTH IS OUR PRIORITY

prairienaturals[®]
Live the Healthy Life!

- 25% OFF -

PROUDLY MADE IN CANADA



All Prairie Naturals Products

prairienaturals[®]

prairienaturals.ca



40 YEARS

New Roots
HERBAL
MAKING LIFE BETTER

Canadian
Made · Tested · Owned

DIGESTIVE ENZYMES



Enjoy rich meals comfortably – digestive enzymes support comfortable digestion.

- A digestive aid that helps decrease bloating after high-caloric, high-fat meals!

100 v-caps **Sale Price \$37.99**

ENERGY



• A well-balanced formula designed to build stamina and help relieve fatigue.

- Featuring d-ribose, astragalus and ginsengs to improve mental and physical performance

90 v-caps **Sale Price \$34.99**

NEW ROOTS HERBAL CHILL PILLS



• A synergistic, non-drowsy formula that promotes relaxation and helps you take the edge off while helping manage stress.

- custom blend of L-theanine, ashwagandha, holy basil, passionflower, and 19 other synergistic ingredients, supporting an alert yet relaxed state of mind.

60 v-caps **Sale Price \$44.99**

ASHWAGANDHA EXTRACT



• New Roots Herbal's Ashwagandha, standardized to 5% with anolides, helps increase resistance to stress and anxiety while supporting memory enhancement.

30 v-caps **Sale Price \$18.99**

To ensure these products are right for you, always read and follow the label.

THE MARKETPLACE AT CALLINGWOOD, 6655 178 ST. 780-481-0157
 KINGSWAY MALL (NEXT TO HOMESENSE) 780-752-0786
 LONDONDERRY MALL 780-473-4268
 NORTHGATE CENTRE 780-476-6062
 HAWKSTONE PLAZA 18326 LESSARD RD 780-851-2277
 JASPER GATES SQ. (STONY PLAIN RD. & 149 ST.) 780-484-2380

MILLWOODS TOWN CENTRE (NEXT TO FOOD COURT) **UNDER NEW MANAGEMENT** 780-758-1777
 BEAUMONT 5023-52 AVE 780-737-3663
 CAMROSE DUGGAN MALL 780-673-9786
 SHERWOOD PARK (EMERALD DR.) 587-269-1919
 ST. ALBERT SHOPPING CENTRE (ACROSS FROM WINNERS) 587-290-3663
 WETASKIWIN MALL (37 AVE & 56 ST.) 780-368-3040

WWW.VITALITYHEALTHFOODS.CA



EROXIL™ FOR MEN / EROSYN™ FOR WOMEN



Supports Physical Aspects of Sexual Health

- With Polyamines & Ginkgo Biloba
- Supports Peripheral Circulation
- Eroxil Features Panax Ginseng & Selenium
- Erosyn Features Ashwagandha & Maca

For Men & Women 30 v-caps **Sale Price \$49.99**

SOUND SLEEP®



All Natural Sleep Support

- Helps to Reset the Body's Sleep Wake Cycle
- Used in Herbal Medicine as a Calmative and Sleep Aid
- Helps Increase Total Sleep Time in Altered Sleep Schedules

60 v-caps **Sale Price \$36.99**

BLOOD SUGAR METABOLISM™



Promotes Healthy Weight Management

- Formulated with Bitter Melon & Gymnema Extracts
- Contains Cassia, Mulberry, & Prickly Pear
- Expert Formulation of Herbs, Minerals, & Chromium

60 v-caps **Sale Price \$39.99**

KIDNEY CLEANSE AND FUNCTION TEA™



Supports Kidney Health

- Formulated with Herbals to Support Kidney Function
- Contains Uva Ursi, Promoting Urinary Tract Health
- Tastes Great Hot or Cold

120g **Sale Price \$37.99**



MULLEIN



St. Francis Mullein liquid is extracted from only fresh source mullein leaves and is perfect for anyone concerned with reducing mucous congestion due to allergies or bronchitis. Mixes easily with water and is absorbed quickly by the body

50ml **Sale Price \$18.99**
 100ml **Sale Price \$30.99**
 250ml **Sale Price \$59.99**
 60 v-caps **Sale Price \$25.99**



DETOX KITS



Renew and Reset Your Health Journey

Daily toxins, stress, and a poor diet can take a toll on your body. Wild Rose Detox Kits offer a natural reset, supporting your detoxification organs for a healthier, energetic and more balanced you.

Herbal D-Tox Kit **Sale Price \$51.99**
 Gentle D-Tox Kit **Sale Price \$51.99**
 Liver D-Tox Kit **Sale Price \$42.99**



LIQUID IONIC MAGNESIUM & CALIMAG



Magnesium and Calcium intake contributes to various physiological functions in the body, including the maintenance of normal bones and teeth, normal muscle function, and the reduction of tiredness and fatigue. Our product utilizes a proprietary process that reduces the size of magnesium molecules. This low dose formulation is designed for sublingual administration and is suitable for most individuals seeking supplemental magnesium. When combined with sufficient vitamin D, a healthy diet, and regular exercise, may reduce the risk of developing osteoporosis.

CaliMag Raspberry 500ml **Sale Price \$35.99**
 CaliMag Orange 500ml **Sale Price \$35.99**
 Magnesium Raspberry 500ml **Sale Price \$35.99**
 Magnesium Lemon 500ml **Sale Price \$35.99**

LIPOSOMAL CURCUMIN 100



- Curcumin provides potent antioxidants
- Often used in Ayurvedic medicine for joint-related inflammation
- CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cell
- Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake
- With soy-free phospholipids sourced from sunflower and phosphatidylcholine.
- No artificial colours, flavours, preservatives or animal products
- Delicious peach flavour

225ml **Sale Price \$39.99**

IRON BIS-GLYCINATE 25



- 25mg of pure elemental iron per capsule
- Chelated iron that is easy to absorb and gentle on the stomach

120 v-caps **Sale Price \$11.99**

OMEGA-PRO ESSENTIAL HP 40/20



- Pure omega-3 fish oil
- 400/200mg EPA/DHA ratio
- Molecularly distilled
- Derived from small wild fish (sardine, anchovy, mackerel)
- With added vitamin E for freshness

90 softgels **Sale Price \$24.99**

MAGNESIUM BIS-GLYCINATE 200 GENTLE



- Preferred and highly absorbable Bis-glycinate form
- Easy and gentle on the bowels
- 200mg of pure elemental per capsule

120 v-caps **Sale Price \$24.99**

JOINT PRO FORMULA



- Reduces joint inflammation
- Helps maintain healthy joints and cartilage
- Helps relieve joint pain associated with osteoarthritis

90 v-caps **Sale Price \$35.99**

ADRENAL PRO RECHARGE YOURSELF



- Helps increase energy and reduce stress and fatigue
- Enhances physical and mental performance
- Provides an improved sense of well being

120 v-caps **Sale Price \$35.99**

MUSCLE RESCUE



- Optimized essential amino acid (EAA) formula powered by Reginator®
- Features the most efficient ratio of EAAs plus L-arginine needed for protein synthesis and muscle regeneration
- Helps promote muscle growth and function at a low dose of amino acids
- 30 servings

Pineapple Punch 162g Sale Price \$61.99

Fruit Punch 196g Sale Price \$61.99

COLLAGEN



- CanPrev's collagen peptides are hydrolyzed to low molecular weights.
- The right size and sequence of peptides to target connective tissue cells and enhance collagen building.
- Research demonstrates that collagen peptides ranging from 2-5 kilodaltons (kDa), stimulate specific cells of our connective tissue (fibroblasts, chondrocytes, osteoblasts, and tendon cells, or tenocytes) to influence more collagen production within our skin, and muscle, at our joints, bones, tendons and ligaments
- Choose the right collagen for the health benefit you would like to achieve (Bone, Joint and Cartilage, Muscle, Tendon, Beauty, or Full Spectrum).

Collagen Bone Powder 213g Sale Price \$46.99

Collagen Full Spectrum Peptiplus- Powder 250g Sale Price \$39.99

Collagen Joint & Cartilage - Powder 250g Sale Price \$39.99

Collagen Tendo Recover - Powder 250g Sale Price \$39.99

Collagen Tone - Powder 250g Sale Price \$39.99

Green Apple Flavour Collagen Full Spectrum Blend-500ml Sale Price \$38.99

MAGNESIUM SLEEP + GABA & MELATONIN



- This formulation is designed to help people relax, reset their circadian biological clocks, and get better sleep
- Therapeutic 125mg of magnesium bis-glycinate, 100mg of GABA (gamma-aminobutyric acid)
- 2.5mg of melatonin as natural sleep aids with every vegetable capsule
- No fillers or flavours

120 v-caps **Sale Price \$24.99**

MAGNESIUM BIS-GLYCINATE 300 ULTRA GENTLE



- Designed for those seeking maximum gentleness
- Preferred and highly absorbable bis-glycinate form
- Easy and gentle on the bowels
- 300mg of pure elemental magnesium per tablespoon
- Recommended for those with multiple prescriptions or digestive conditions like Crohn's and colitis

Unflavoured 500ml Sale Price \$27.99

natural Factors

Total Body Multi Collagen™ Protein



Total Body Multi Collagen combines five types of collagen, including eggshell membrane (NEM®), to help reduce wrinkles within 28 days, promote healthy connective tissue, and reduce joint pain associated with osteoarthritis. This ultimate blend of five types of food-sourced collagen is great for the keto and paleo lifestyles. Each scoop provides 10 g of clinically studied hydrolyzed collagen in a neutral-tasting powder ideal for adding to smoothies and drinks. It contains no GMOs, hormones, antibiotics, or BPA.

534g Unflavoured Sale Price \$67.99

Total Body Marine Collagen™



Total Body Marine Collagen Plus Hyaluronic Acid, Glutamine & Biotin combines the anti-aging support of Collactive™ collagen and elastin peptides with synergistic nutrients to support healthy skin, connective tissue, muscles, and joints. This marine-based formula reduces wrinkles in 28 days and has a neutral taste and smell, which is ideal to add to smoothies, drinks, or baked goods.

99g Sale Price \$42.99
135g Plus Hyaluronic Acid, Glutamine, & Biotin Sale Price \$49.99

Regenerlife Magnesium L-Threonate 667 mg



Natural Factors Regenerlife Magnesium L-Threonate is a cognitive support supplement designed for optimal uptake and use by the brain. It contains a patented, easily absorbed form of magnesium that supports cognitive function in people with mild, age-related cognitive impairment, such as learning and memory. Our non-GMO, vegan formula features 2000 mg of Magtein® magnesium L-threonate (144 mg of elemental magnesium) per day as a factor in the maintenance of good health.

90 v-caps Sale Price \$54.99

WellBetX Berberine 500 mg



WellBetX Berberine contains a naturally occurring plant alkaloid extracted from barberry root. Berberine provides support for healthy glucose metabolism by working with the body's natural processes. It also helps maintain cardiovascular health in adults, and helps support healthy blood lipid levels. Herbalists have long used plants containing berberine in traditional tonics. This formula delivers a clinically studied dose of berberine in just two 500 mg vegetarian capsules per day.

60 v-caps Sale Price \$21.99
120 v-caps Sale Price \$39.99

Stress Relax Magnesium Citrate 300 mg



Stress-Relax Magnesium Citrate Powder is an effective way to meet the body's daily magnesium requirements. Magnesium helps the body metabolize carbohydrates, fats, and proteins. It also helps in tissue formation, and helps maintain bones, teeth, and proper muscle function. Inadequate magnesium intake can heighten the symptoms of stress, including muscle tension and sleep disturbances.

Tropical Fruit 250g Powder Sale Price \$20.99
Berry 250g Powder Sale Price \$20.99

Natural Factors Vitamin K2

Natural Factors Vitamin K2 contains MK-7, the most bioavailable form of vitamin K derived naturally from natto beans. Each dose provides 24-hour protection by guiding calcium toward the bones and teeth where it is needed most, and away from the arteries where it causes damage.



100mcg 60 softgels Sale Price \$9.99
100mcg 120 softgels Sale Price \$17.99
100mcg 360 softgels Sale Price \$33.99
120mcg 60 softgels Sale Price \$11.99
120mcg 120 softgels Sale Price \$20.99

Nighttime Magnesium Bisglycinate Stress Relax



Stress-Relax® Nighttime Magnesium Bisglycinate combines magnesium bisglycinate with melatonin, L-theanine, and PharmaGABA® to temporarily promote relaxation and improve sleep quality. Together, these ingredients help reset the body's sleep-wake cycle, allowing you to fall asleep more quickly and sleep longer.

90 v-caps Sale Price \$29.99
Tropical Fruit Flavour 120g Powder Sale Price \$30.99

Berberine LipoMicel®



Natural Factors Berberine LipoMicel is a concentrated barberry root extract in a patent-pending LipoMicel formulation. Berberine is a naturally occurring plant compound that supports healthy blood glucose levels and cardiovascular health in adults. Just two 500 mg softgels per day provide the same effective dose used in clinical studies.

60 softgels Sale Price \$38.99
120 softgels Sale Price \$71.99

Natural Factors OsteoMove® Joint Care Extra Strength



Natural Factors OsteoMove Joint Care Extra Strength is designed to help relieve joint pain associated with osteoarthritis. This comprehensive blend of joint-supporting nutrients and botanicals combines glucosamine, chondroitin, and MSM with InflammRelief complex, hyaluronic acid, minerals, and standardized extracts of boswellia and turmeric. Together, these ingredients work to target both the underlying cause and the symptoms of joint pain.

60 tabs Sale Price \$21.99
120 tabs Sale Price \$38.99
240 tabs Sale Price \$68.99

Natural Factors Manganese Chelate



Manganese is a factor in the maintenance of good health, including healthy bones. It also helps the body metabolize carbohydrates, fats, and proteins. It is known to be a powerful antioxidant, which neutralizes damaging free radicals. Natural Factors Manganese Chelate is easily absorbed and free of artificial colours, sweeteners, dairy, wheat, and yeast.

25mg 90 tabs Sale Price \$8.99

Natural Factors Magnesium Bisglycinate plus L-Theanine



Natural Factors Magnesium Bisglycinate plus L-Theanine combines 40 mg of the essential mineral magnesium with 250 mg of the amino acid L-theanine to temporarily promote relaxation without causing drowsiness. This non-GMO formula features magnesium bisglycinate, which is easy on the stomach and does not rely on stomach acid for absorption. These one-per-day vegetarian capsules work quickly to reduce feelings of occasional daily stress while providing a source of magnesium to maintain proper muscle function.

40mg plus 250mg L-theanine 90 v-caps Sale Price \$19.99
100mg plus 125mg L-theanine 90 v-caps Sale Price \$21.99

Total Body Collagen



Total Body Collagen provides hydrolyzed collagen alongside synergistic nutrients to promote healthy skin and connective tissues, reduce joint pain associated with osteoarthritis, and support lean muscle growth and recovery after a workout. This convenient powder is available unflavoured and in two great-tasting natural flavours to promote healthy collagen and elastin production.

430g Chocolate Sale Price \$57.99
430g Salted Vanilla Sale Price \$57.99
500g Orange Sale Price \$57.99
500g Pomegranate Sale Price \$57.99
500g Unflavoured Sale Price \$57.99

Natural Factors Magnesium Citrate 150mg



Stress-Relax Magnesium Citrate Powder is an effective way to meet the body's daily magnesium requirements. Magnesium helps the body metabolize carbohydrates, fats, and proteins. It also helps in tissue formation, and helps maintain bones, teeth, and proper muscle function. Inadequate magnesium intake can heighten the symptoms of stress, including muscle tension and sleep disturbances.

150mg 90 caps Sale Price \$10.99
150mg 180 caps Sale Price \$19.99
150mg 360 caps Sale Price \$36.99
150 mg keylime chewable tabs Sale Price \$12.99

Natural Factors Magnesium Bisglycinate



Natural Factors Magnesium Bisglycinate provides this essential mineral to help maintain normal muscle function. This non-GMO, vegan-friendly magnesium powder is easy on the stomach and does not rely on stomach acid for absorption. Just one daily serving mixed into water can help support and maintain magnesium levels. Magnesium helps support normal muscle function and energy metabolism, helps in the development and maintenance of bones and teeth, and helps maintain the body's ability to metabolize nutrients.

200 mg 120 v-caps Sale Price \$19.99
200 mg 250 v-caps Sale Price \$32.99
200 mg 120g powder Sale Price \$19.99
200 mg 240g powder Sale Price \$35.99
400 mg 230g powder Sale Price \$34.99

WomenSense® ThyroSense®

thyroid formula

ThyroSense is a balanced nutritional and herbal formula containing L-tyrosine, ashwagandha, guggul, pantothenic acid, copper, manganese, iodine, and selenium. Health care practitioners recommend ThyroSense to support thyroid health. ThyroSense also helps the body metabolize carbohydrates, fats, and proteins.



- Nourishes and supports thyroid health
- Supports the conversion of T4 to the more active T3
- Formulated with nutrients and herbs for a healthy thyroid
- Helps metabolize carbohydrates, proteins, and fats

90 v-caps
BONUS 210 v-caps

Sale Price \$24.99
Sale Price \$43.99

WomenSense® AdrenaSense®

adrenal formula

AdrenaSense is a natural formula containing rhodiola, suma, Siberian ginseng, schisandra, and ashwagandha. Health care practitioners recommend AdrenaSense to help improve mental and physical performance after periods of exhaustion and to temporarily promote relaxation.



- Improves mental and physical performance after periods of mental and/or physical exertion
- Relieves general debility
- Aids during convalescence
- Supports healthy cortisol levels and adrenal function

90 v-caps
BONUS 210 v-caps

Sale Price \$23.99
Sale Price \$43.99

WomenSense® EstroSense®

hormone balancing therapy

EstroSense is a complete natural formula containing calcium D-glucarate, indole-3-carbinol, green tea extract, turmeric extract, rosemary extract, lycopene, sulforaphane, and milk thistle seed extract. Health care practitioners recommend EstroSense to help promote healthy estrogen metabolism. EstroSense is also a source of antioxidants for the maintenance good health..



- Promotes healthy estrogen metabolism
- Helps maintain healthy hormone balance
- Reduces the symptoms of estrogen dominance

60 v-caps
BONUS 150 v-caps

Sale Price \$25.99
Sale Price \$47.99

Preferred Nutrition® Adult 50+ Probiotic 15 Billion

Preferred Nutrition Adult 50+ Probiotic features 15 billion active cells from 10 strains to promote favourable gut flora in older adults. These one-per-day vegetarian capsules deliver clinically studied bifidobacteria and lactobacilli to help provide gentle relief of constipation and reduce the duration of upper respiratory tract illness in physically active adults.



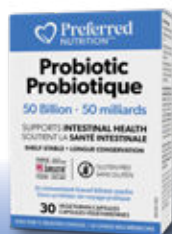
- Helps provide gentle relief for constipation and irregularity
- Promotes a favourable gut flora
- Helps support intestinal and gastrointestinal health
- Supports digestion by reducing transit time
- Reduces the risk of developing and the duration of upper respiratory tract illness in physically active adults
- Contains clinically studied bifidobacteria and lactobacilli

30 v-caps

Sale Price \$21.99

Preferred Nutrition® Probiotic 50 Billion

Preferred Nutrition Probiotic 50 Billion is a high-potency 10-strain formula that helps relieve abdominal discomfort, such as bloating and constipation. It combines shelf-stable Lactocaseibacillus, Lactiplantibacillus, and Bifidobacterium strains to help support gastrointestinal health and is suitable for individuals aged 6 years and older. Each shelf-stable vegetarian capsule is guaranteed to contain 50 billion active cells at expiry.



- Helps relieve abdominal discomfort, such as bloating and constipation
- Helps support intestinal and gastrointestinal health
- May promote a favourable gut flora
- Helps children and adolescents with bloating & constipation in irritable bowel syndrome (IBS)
- Provides 5 lactobacilli strains for small intestine care & 5 bifidobacteria strains for colon care

30 v-caps

Sale Price \$33.99

WomenSense® MenoSense®

menopause formula

MenoSense is a natural formula containing dong quai, chasteberry, black cohosh, gamma-oryzanol, and hesperidin. Health care practitioners recommend MenoSense for the reduction of hot flashes, night sweats, and the other symptoms of menopause.



- Supports menopause
- Reduces hot flashes and night sweats
- Improves irritability and nervousness
- Reduces other symptoms of menopause

90 v-caps
BONUS 210 v-caps

Sale Price \$21.99
Sale Price \$38.99

Preferred Nutrition® Women's Probiotic 25 Billion

Preferred Nutrition Women's Probiotic 25 Billion is a 10-strain formula that features a clinically researched probiotic strain to help support vaginal health. The compatible blends of lactobacilli and bifidobacteria strains work alongside vitamin C to help support a healthy vaginal microflora, gastrointestinal health, and immune function. This one-per-day formula comes in shelf-stable vegetarian capsules.



- Helps supports vaginal and female health
- Helps maintain a healthy vaginal microbiome
- Helps support intestinal and gastrointestinal health
- Could promote a favourable gut flora
- Helps support immune function
- Helps manage acute infectious diarrhea

30 v-caps

Sale Price \$27.99

Preferred Nutrition® IBS Probiotic 30 Billion

Preferred Nutrition IBS Probiotic 30 Billion is a one-per-day formula featuring clinically studied probiotic strains to help relieve symptoms of irritable bowel syndrome (IBS), such as abdominal discomfort, gas, and bloating. Each vegetarian capsule is guaranteed to contain 30 billion active cells from five shelf-stable strains, with no refrigeration required.



- Helps relieve symptoms of IBS such as abdominal discomfort, gas, and bloating
- Helps support intestinal and gastrointestinal health
- May promote a favourable gut flora
- Features Lactiplantibacillus, Lactocaseibacillus, Bifidobacterium, & Lactobacillus probiotic strains
- Shelf-stable probiotic
- Helps support intestinal and gastrointestinal health
- Formulated for restoring and normalizing intestinal flora

45 v-caps

Sale Price \$36.99

Preferred Nutrition® Probiotic 30 Billion

Preferred Nutrition Probiotic 30 Billion features eight strains of probiotic bacteria to help support gastrointestinal health. Bifidobacteria and lactobacilli probiotic strains are combined at clinically studied strengths to restore and normalize intestinal flora. Each daily vegetarian capsule is guaranteed to contain 30 billion active cells, delivered as microencapsulated beadlets.



- Helps support intestinal and gastrointestinal health
- Formulated for restoring and normalizing intestinal flora
- Could promote a favourable gut flora
- Contains clinically studied bifidobacteria and lactobacilli probiotic strains
- Formulated for broad-spectrum support

30 v-caps

Sale Price \$28.99



PVL ISOGOLD



Protein Isolate with added Probiotic DE111 for optimal gut health and immune system support
Available in:

Vanilla Milkshake	Iced Mocha Cappuccino
Triple Milk Chocolate	Banana Cream
Ice Cream Cookie Sandwich	Natural Vanilla
Strawberry Milkshake	Natural Chocolate
Peanut Butter Chocolate Smash	

2lb Sale Price \$54.99

PVL EAA COMPLETE



Full Ratio- Correct Essential Amino Acids
The ultimate building block for muscle tissue, supporting increased protein synthesis, protecting from muscle loss, and repairing muscle damage supporting faster recovery rate from exercise and injury.

Available in:

Gold Medal Grape	Sweet Iced Tea
Orange Krush'd	Icy Blue Storm
Tropical Punch	

369g Sale Price \$34.99

PVL PROH2O:



The Ultimate in Hydration – elevated levels of all necessary electrolytes in a ratio correct formula that is free from all artificial colours, dyes and flavoring keeping this optimal supplement absolutely all natural and a must for any age, gender and athlete. Nothing hydrates better than ProH2o.

Available in: Orange Krush'd
Arctic Berry
Berry Blast

255g Sale Price \$29.99

PVL CREATINE MONOHYDRATE



Available in 300g or 1000g – being the #1 most studied supplement of all time....creatine is not only for building muscle – the benefits for brain and cognitive function have extensive studies showing absolutely everyone can benefit from its usage. Safe and suggested for all ages.

300g Sale Price \$29.99
1000g Sale Price \$54.99

PVL GLUTAMINE:



Being most known for decreasing muscle soreness duration after training – Glutamine has extensive studies showing it has even more benefit in gut health and immune system function and support. Available in 2 flavours and 2 sizes.....Safe and suggested for all ages.

Blueraspberry, Orange, Unflavoured 400g Sale Price \$27.99
1200g Sale Price \$49.99

PVL DOMIN8:



Take your workouts to the next level with the perfect product offering not only superior blood flow – but optimizing neuro sensitivity as well with its nootropic ingredient supporting boosted mental focus and no crash afterwards. Don't just participate – DOMIN8

Available in: Arctic Blue Slush, Peach Mango Punch, Tropical Knockout • Orange Krush'd, Gold Medal Grape

520g Sale Price \$39.99



CASTOR OIL



Moisturizes, Softens & Nourishes Skin, Hair & Nails
• 100% pure certified organic golden castor (Ricinus communis) seed oil.

- Cold pressed from fresh certified organic castor beans + UV Protected.
- Glass bottle
- Hexane-Free
- Made in Canada

300ml Sale Price \$16.99

PLATINUM PRO BCAA



- Workout supplement
- Athletic support
- Assists in the building of lean muscle [tissue/mass] when combined with regular [weight/resistance] training and a healthy balanced diet
- Source of branched

90 v-caps Sale Price \$15.99
BUY 1 GET 1 FREE!

NUTRI PROBIOTIC



Is your digestive system crying for help?
Let the advanced Nutri Probiotic formula help rescue you from poor digestion.

60 v-caps Sale Price \$36.99
120 v-caps Sale Price \$55.99

SILICEA GEL



- 100% Pure.
- Beautiful healthy hair, stronger nails and bones, Smoother looking skin and much more!
- Preservative free, additive free, excipient free.

Buy one 500ml at \$59.99
and get the second 500ml FREE

While Supplies Last

IRON VITAL F LIQUID



- Great-tasting fruit flavoured iron formula with Vitamins C+B
- Non-constipating, vegetarian formula
- 100% pure with no preservatives
- Excellent for use during pregnancy

500ml Sale Price \$36.99



QUERCETIN 15X



A powerful daily formula featuring citrus-free quercetin and Vitamin C to help support immune function and seasonal allergy relief. Made with healthy oils for enhanced absorption, Quercetin 15x helps your body get more of what it needs.

- Helps support immune function
- Helps reduce symptoms of seasonal allergies
- Citrus-free quercetin
- Includes Vitamin C

60 v-caps **Sale Price \$32.99**
120 v-caps **Sale Price \$58.99**

EASYMAG™ MAGNESIUM BISGLYCINATE + D3 & K2



Support your daily wellness with a convenient 3-in-1 formula designed to help keep you feeling your best. EasyMag™ Magnesium Bisglycinate + D3 & K2 helps support muscle function, bone health, immune health, and cardiovascular health — all in one easy softgel.

- 100% Magnesium bisglycinate for muscle function and bone health
- Vitamin D3 for immune support
- Vitamin K2 for bone and cardiovascular health
- Convenient 3-in-1 formula
- Omega Absorb™ delivery system

90 softgels **Sale Price 27.99**

ACTIV-X™ EVERYDAY ELECTROLYTES™



A refreshing sugar-free electrolyte formula designed for daily hydration support. Perfect for busy days, workouts, travel, or anytime you need a quick and convenient hydration boost.

- Helps maintain healthy electrolyte balance
- Sugar-free and naturally sweetened
- Great for daily hydration support
- Convenient on-the-go packets
- Available in Citrus, Mixed Berry, and Peach

20 packets **Sale Price \$24.99**



IMMEDIATE RELIEF DIGESTIVE ENZYMES

Give your body's natural enzymes a boost with Flora's Immediate Relief Enzyme. This formula was developed to address specific concerns as well as help maintain the overall health of your digestive system.



Especially for diets high in protein and fibre, this vegetarian formula can help provide relief from:

- Heartburn
- Gas
- Bloating
- Indigestion
- Gluten-Free + Non-GMO + Vegetarian

21 v-caps **Sale Price \$11.99**
60 v-caps **Sale Price \$20.99**
90 v-caps **Sale Price \$27.99**
120 v-caps **Sale Price \$36.99**



SHILAJIT 500MG



- Heavy Metal Detoxification
- Testosterone Boost
- Support Fertility
- Energy Production
- Antioxidant
- Anti-aging Cellular Protection
- Anti-Inflammatory
- Immune Support
- Cognitive Improvement
- 50% Fulvic Acid
- NEW 500mg capsules

60's **Sale Price \$31.99**
150's **Sale Price \$51.99**

RHOZIVA EDGE



- Boost Physical Energy
- Libido Booster for Men and Women
- Increases Stamina and Endurance
- Promotes Physical Recovery
- Supports Mental Stamina
- Relieve Symptoms of Stress
- Supporting Alberta Growers! Available in 30 day capsules

60's **Sale Price \$46.99**



BIO-FIT



Reduce appetite, Increase metabolism, while cleansing the liver and digestive track.
1 month supply.

120 v-caps **Sale Price \$45.99**

NMN 500MG



Nicotinamide Mononucleotide (60 capsules) supports healthy aging and boost cellular vitality. NMN is a direct precursor to NAD+, a coenzyme essential for energy metabolism, DNA repair, and overall cellular function. As NAD+ levels naturally decline with age, supplementing with NMN may help restore these levels, promoting enhanced energy, cognitive function, and metabolic health.

60 v-caps **Sale Price \$38.99**



IMMUNE 7



Advanced Defense for Daily Protection

- Six mushroom formula plus Nutricol for comprehensive immunity
- Strengthens your body's natural defenses

Bonus size 144 v-caps Sale Price \$54.99

While quantities Last

RECOVERY 3.0



Fast Relief for Active Living

- Inflammation relief enhanced with Purica's specially formulated Curcumin for rapid recovery
- Reduces inflammation and joint pain

Bonus size 144 v-caps Sale Price \$54.99

While quantities Last

CORDYCEPS



Natural Energy for Peak Performance

- Enhanced-potency Cordyceps mushroom for superior stamina and breathing
- Boosts energy levels and athletic endurance

60 v-caps Sale Price \$30.99

120 v-caps Sale Price \$57.99

CURCUMIN (BDM30)



Superior Joint Pain Relief

- 30% BDMC formulated for superior effectiveness in reducing joint inflammation
- Potent antioxidant and joint inflammation relief

60 v-caps Sale Price \$64.99

BUY 1 GET 1 FREE!

while quantities last



OMEGA-3



Support your brain at every age with AquaOmega's High DHA Omega-3—a highly concentrated liquid fish oil with a 1:5 DHA to EPA ratio (3380mg DHA per serving). Naturally lemon-flavoured and easy to take, this formula is ideal for early brain development and cognitive health as we age. DHA plays a vital role in memory, focus, and visual function. Now in a larger, money-saving bottle! Made in Canada. 🍁

450ml Sale Price \$69.99

While Supplies Last



THYROIDINE® THYROID GLAND



Whole raw desiccated thyroid gland concentrate may support optimal thyroid balance by promoting healthy thyroid function and helping restore the thyroid gland in individuals dealing with both hypothyroidism and hyperthyroidism. Sourced from New Zealand bovine.

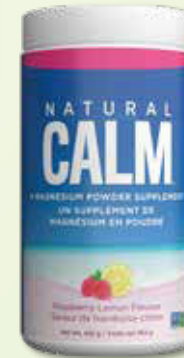
FREE OF: all hormones, antibiotics, chemicals and additives; BSE, TSE and GMO

60 v-caps Sale Price \$46.99

While Supplies Last



MAGNESIUM



A factor in the maintenance of good health. Helps the body metabolize carbs, fats and proteins. Helps in the development and maintenance of bones and teeth. Helps maintain proper muscle function. Helps to prevent magnesium deficiency. Raspberry Lemon Flavour

452g Sale Price \$49.99

While Supplies Last



COMPLETE KIDS MULTI



Your kids will want to take their vitamins with this powerful blend of 14 essential vitamins and minerals in a delicious sugar-free, plant-based gummy your kids will love. The Complete Kids Multi is a source of key nutrients to support biological functions for the maintenance of good health. Each serving also contains prebiotics and bioactive B vitamins.

Made in Canada. 🍁

60 gummies Sale Price \$19.99

While Supplies Last

THE MARKETPLACE AT CALLINGWOOD, 6655 178 ST. 780-481-0157
 KINGSWAY MALL (NEXT TO HOMESENSE) 780-752-0786
 LONDONDERRY MALL 780-473-4268
 NORTHGATE CENTRE 780-476-6062
 HAWKSTONE PLAZA 18326 LESSARD RD 780-851-2277
 JASPER GATES SQ. (STONY PLAIN RD. & 149 ST.) 780-484-2380

MILLWOODS TOWN CENTRE (NEXT TO FOOD COURT) **UNDER NEW MANAGEMENT** 780-758-1777
 BEAUMONT 5023-52 AVE 780-737-3663
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 SHERWOOD PARK (EMERALD DR.) 587-269-1919
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